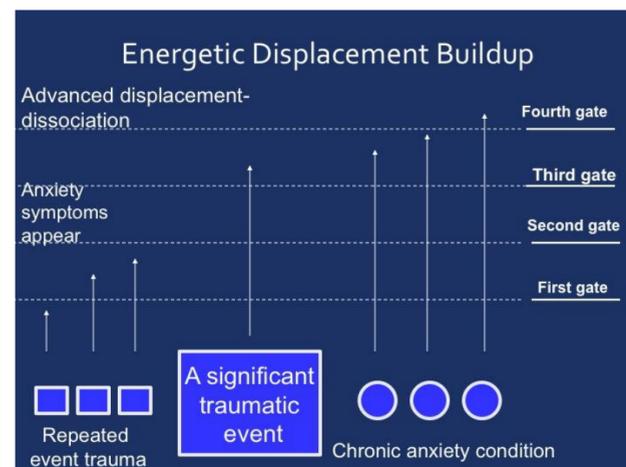
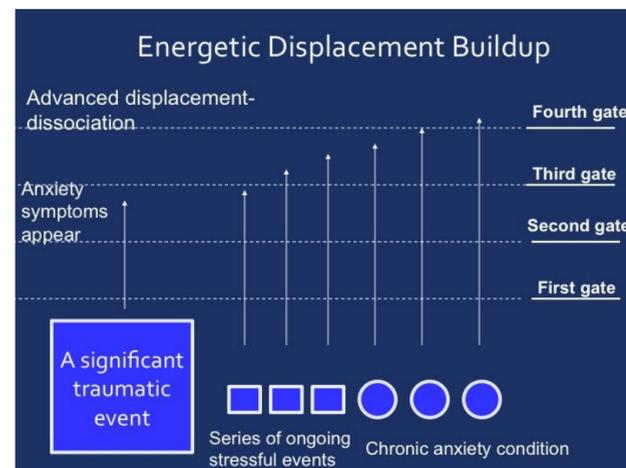
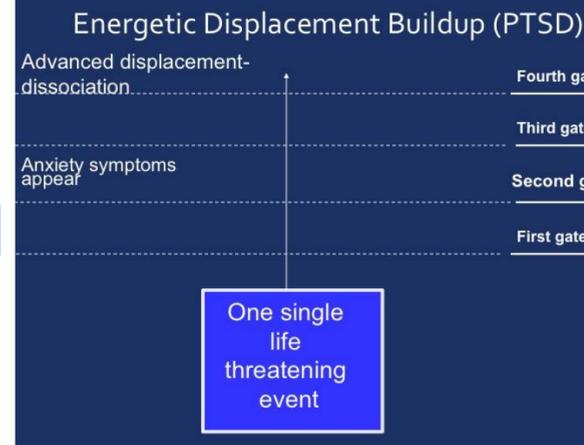


# Discover the Missing Piece - The Fundamental Role of EDR in EP Treatment of PTSD, Anxiety and Dissociative Disorders

Yuliya Cohen, Energy Restructuring Institute

## Case Study

A 36 year old Caucasian woman was treated using EDR for her debilitating symptoms that included periods of nausea, lasting up to 12 hours with suspected diagnosis of a gastroenterological problem following a gallbladder operation. Her symptoms turned out to be a manifestation of a panic attack caused by an advanced state of energetic displacement. The panic attack and nausea were resolved during a single phone session using EDR. Her chronic panic disorder was resolved during a course of face-to-face treatment. She was asymptomatic upon follow up 2,5, and 8 years later.



## Background

The current treatment models in the fields of medicine, mental health, and even energy therapies, are missing two key components:

1. A definition for the human energy field (HEF) as a protective functional organic membrane.
2. Understanding that the progressive vertical energetic displacement of the HEF is fundamental to the way that subtle energy systems work

## Introduction

The Energetic Displacement Reintegration (EDR) model lies at the very backbone of major ancient spiritual traditions. It gives confirmation to many aspects of one's inner reality such as

- psychopathological states of depersonalization and disassociation
- post anesthesia related disorientation
- out of body states related to prolonged meditative practices
- near death experiences in clinical settings, due to accidents and attempted suicides

## Objectives

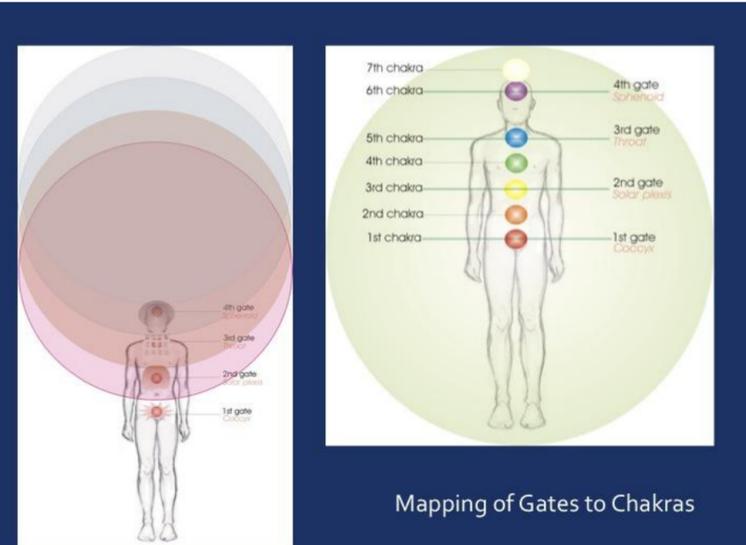
To demonstrate how EDR, a generalized energy medicine mechanism, proved effective at addressing and treating the entire range of physical and emotional symptoms associated with trauma, anxiety, panic and PTSD disorders.

## Methods

Regardless of the particular symptoms, concerns, or diagnosis, there are always four gates through which the displaced energy must pass to reintegrate fully into the body.

EDR is a four step protocol used to identify the nature of the displacement and to reintegrate the displaced energy into the body. Reintegration is assisted using

- A set of brain balancing techniques
- EDR breathing exercise
- EDR techniques for healing trauma



Four Levels of displacement

Gate	Physical symptom
Gate 1: Pelvic Diaphragm	- Ungrounded, spacey -diminished vitality, sex drive
Gate 2: Solar Plexus	-heart palpitations, IBS, insomnia, hot and cold flashes
Gate 3: Throat	- intense headaches and pressure -neck tension, sore throat, fear of dying, beginning of agoraphobia
Gate 4: Sphenoid bone	-dissociation, depersonalization -lack of physical sensations -racing and fixated thoughts -sinus, ear and vision problem

## Conclusions

The existing medical model must be expanded through integration of an energy field based context within which physical and emotional symptoms can be viewed, diagnosed and treated in a way that acknowledges a client's inner experience.

## Implications

Patients often seek separate treatments for individual symptoms related to energetic displacement from specialists in unrelated fields. This results in a delayed diagnosis of the condition and prolonged suffering for the patient. The EDR approach shortens suffering and saves time by tying together distinct labels of diagnosis into a unified mechanism.